

# 2nd Annual Color the Hills 5K

Hosted by the Kosciusko Big Red Band Boosters

**Saturday, March 23, 2019**

## 5K Color Run Fundraiser REGISTRATION FORM

**\$30 Registration Fee \* Registration Deadline March 4, 2019**

*This is a Fundraiser Event for The Big Red Band \* Downtown Kosciusko, MS*

**Check-In 7:00 A.M. \* Start Time 8:00 A.M.**

This is a Color Run and will not be a timed event.

**\*2 Mile Route will be available for younger runners\***

### **PARTICIPANT MUST COMPLETE GENERAL RELEASE & WAIVER STATEMENT**

The undersigned certifies that the runner is fit to take part in the Run and is not participating against doctor's advice, nor is he/she taking medication that would deter his/her health in the participation of this race. In consideration of the acceptance of this application to take part in the Color the Hills Color Run, I, the undersigned, release Kosciusko Big Red Band Booster, Kosciusko Big Red Band and the Kosciusko School District along with the City of Kosciusko, and individuals associated with the race from any liability for injury, illness or death suffered by the runner/walker in connection with said participation, and does hereby further agree that this release is binding on the runner/walker's personal representatives, beneficiaries, heirs, executors and administration. I further authorize the use of my name and picture as may be used for publicity.

\_\_\_\_\_  
Signature (or parent or guardian if under age 18)

### **PLEASE PRINT**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

\_\_\_\_ MALE \_\_\_\_ FEMALE AGE ON RACE DAY: \_\_\_\_\_ (12 and under must run with an adult)

Total Paid: \_\_\_\_\_ (Checks only, please: made payable to Kosciusko Big Red Band Boosters)

T-shirt Size (circle one):    YS      YM      YL      AS      AM      AL      AXL      AXXL (\$2 more)

**\*\*Mail registration form and check to: Kosciusko Big Red Band Boosters, c/o Cindy Howell, 2476 Attala Road 2251, Kosciusko, MS 39090 OR You can drop the form and entry fee off to Cindy Howell at Renasant Insurance on the Court Square in Kosciusko**

**General Information:** Race packets and shirts not claimed by 8:00 a.m. on race day will be forfeited. There will be no refunds on registration fees. Race begins and ends in Downtown Kosciusko on Jefferson St. The check-in booth will be located in the large parking lot by Renasant Bank and across from Craft Cleaners. Strollers are allowed, **but pets are not.**

**Race Day Check-In and Packet Pick up:** Saturday, March 23, 2019 from 7:00 a.m. – 7:45 a.m. Race will begin at 8:00 a.m. The check-in booth will be located in the large parking lot by Renasant Bank and across from Craft Cleaners. All Children under the age of 12 must be accompanied by an adult to run. There will be a 2 mile route for younger participants.

**What to wear:** You should wear your race t-shirt that is provided in your registration packet! If you do not want to wear it, then wear whatever you would like that is WHITE! Be Creative! Dress up! Have fun! But don't wear anything you do not want full of color.

**Will the Color ruin clothes or running shoes?** The color mostly washes out after the event. However as with anything dirty, the sooner it is washed the better. Dust off all excess powder before washing with water.

**How to keep color in the shirt after race:** To preserve the color in your running shirt, we suggest spraying it with vinegar and ironing it when you get home. This is the most likely way the shirt will retain its coloring.

**General "Color" Safety and Rules:** If participating with a stroller or small children, please start at the back of the pack. If at all concerned about the "Color" experience, feel free to wear sun glasses, goggles or a bandana .

**Cleaning up:** Bring a towel to put in your vehicle so that color does not get in your car.

**Like and Visit our Facebook page: Color the Hills 5K**

**Thank you for your participation in the 2nd Annual Color the Hills 5K Hosted by the Kosciusko Big Red Band Boosters!**